

بسم الله الرحمن الرحيم

24 August 2009
3rd Ramadan 1430H.

Month of Ramadan (1430H - 2009H)

"classes of Month of Ramadan" Patience, the lost treasure (1)
Patience in the Quran. (1)

Ramadan the month of Patience.

At any given moment, a person is in a situation where he has to obey a command of Allah, or he has to stay away from something which Allah has prohibited, or he has to accept to a decree of Allah, or has to give thanks (show gratitude) for a blessing which he has received from Allah. All of these situations demand patience, so up until the time of death, no one can do without patience. Whatever happens to us in life is either in accordance with our wishes and desires or against them. In both cases, patience is required.

If a person enjoys good health, security, power, wealth and fulfillment of his physical desires, he should not assume that: this time of ease will last forever, and he should not let his g

✓ fortune make him arrogant or careless in a way that Allah does not like. He should not devote all his time, money and energy to the pursuit of physical pleasure, because too much pleasure is a way to forget about the reality of the worldly life i.e a test which we must live it according to Allah's Rules. That person should take care to pay what is due to Allah (Zakat and Sadaqah), otherwise Allah might take away His blessings. He should ~~be~~ abstain from spending the money in a haram way. All of this needs patience.

In the Quran Allah The Allmighty extends to us an extraordinary promise for "those who patiently persevere (al-sabiruna) will truly receive a reward without measure (39:10) what a generous offer from our Lord is this

Let us take a moment to consider just how happy we would be if Allah rewarded us with just one thing in our life - a raise in our salary, a new car, a new baby. But The Most Merciful has promised an even greater reward than these, indeed a reward so great that mere words and number cannot capture it. If we are ^{to} ~~the~~ harvest the fruits of this offer - something we would be foolish not to do - we must ensure that we know that patience "perseverance" entails and develop a plan to cultivate it.

Let us start, then, by taking a moment to assess our understanding of patience

- 1- How would we define patience?
- 2- What are the virtues of patience?
- 3- Patience is the Quran and Sunna !!.
- 4- ~~What~~ Are Types of patience ?

- Do we generally regard ourselves as patient?
- When ~~are~~ we patient and when are we impatient?
- Are we patient with Allah's decree?
- What is "the ^{best form of} beautiful patience?"
- Are we patient with our spouses, children and parents?
- Are we patient with the tasks that matter most?

The meaning of Patience

The word Sabr (in the Arabic language) is from Sabara - to be patient and to persevere and it indicates to holding back and restraining oneself.

In the (Islamic sense) it implies: restraining the soul from being agitated, restraining the tongue from complaining

Sabr is of 3 kinds

- 1- Sabr regarding being patient with the obedience

of Allah's commands and to do righteous deeds.

2 - The 2nd type of sabr is being patient regarding abstaining from prohibited acts and from evil.

3 - The 3rd type of sabr is being patient with Allah's decree with the respect of afflictions and hardships ^{without complaint} (This will be discussed in details insha Allah Later).

Importance of patience:

We must know that: all of Islam is built upon the knowledge of the truth and the implementation of that knowledge. Implementation of that knowledge requires patience. And seeking this knowledge also requires patience.

Patience is half of the belief: a fact which we need to have it clear to our spirits as it will always support us (believers) to keep patient ^{in the time}

Patience is half of Iman.

Iman (Faith) is two halves, half is patience (sabr) and half is gratitude (shukr). Therefore Allah has mentioned patience and gratitude alongside one another:

6 In ^{فِي ذَٰلِكَ لَآيَاتٍ لِّقَوْمٍ يَعْلَمُونَ} Verily in this are signs for all who constantly persevere and give thanks.

- Ashura 42 : V 33 (فِي ذَٰلِكَ لَآيَاتٍ لِّقَوْمٍ يَعْلَمُونَ)
- Luqman 31 : V 31
- Ibrahim 14 : V 5
- Saba 34 : V : 19.

The reasons why patience and gratitude are the two halves of Iman:-

- 1- M. The whole religion is based on:
 - Obedience of Allah's commands which is the reality of gratitude.

And . Abstinence i.e. refraining from wrong action which requires patience .

2. The whole religion is hope and fear, and the true believer is the one who is both hopeful and fearful. Allah said in Surat (21) Alambiya V. 90.

Prophet Mohamed said

1. "O Allah, I have surrendered my soul to You, and turned my face to You. My (own) affair I commit to Allah and I seek Your protection, in Hope of You and in Fear of You."

So the believer is the one who is both hopeful and fearful, but hope and fear can only be based on the foundation of patience, Fear should make the believer patient i.e. at time of adversity, and at time of prosperity, the believer is thankful, to Allah

3. The Reality of Iman is to keep your belief, trust and hope in Allah all the time, though being grateful at time of prosperity and patient at time of adversity

Patience in the Quran:-

1- ^{is} Instruction: Patient is a command from Allah.
16 : 127

2- Patience is made a condition of success and prosperity : Surat (3) - 200.

3- Allah has made patience a condition for His love.

(3) : V 146

4- Patience is the way to earn the companionship of Allah (Surat 8: 46)

5- Patience is a means of seeking Allah's help
(2: 45)

So without patience → no help.

6- The reward of those who exercise patience will be doubled (28: 54)

7- Allah will reward those who have patience

with 3 fold reward: blessings, mercy and guidance.
(2: 155 → 157)

N.B. Each of these rewards is better than this world and everything in it.

8. Patience and taqwa are conditions for Allah's support
(3:125)

9. Only true winners are the people of Patience
Surat AL-Asr.

10. Allah has made patience a standard of courage and determination in the conduct of one's affairs : (Surat Inqam 31:17)

11. Allah has mentioned that the main character of those who attain salvation is patience and Compassion (90 - (Al-Balad) - 1(18)).

12. Patience and Iman are prerequisites for leadership in religion (Al-Sajdah 32:24)

13. The angels will salute the people of patience in Jannah (13:24)

So it is clear from the verses of the Quran that:
Patience is a means to seek Allah's Help and
Allah's Love and also to earn the companionship
of Allah.

Insha Allah, next week we will learn
about (1) Patience in Hadith of Prophet Mohamed
(S.A.W).

(2) Types of patience.

(3) Factors inspiring patience.

Let's all call on Allah - The Almighty :

O Allah, make us from those who have
patience upon hardships and those who are thankful
upon Your blessings. Ameen.

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